



**YOUTH EXCHANGE PROGRAM
ORIENTATION FOR INBOUND STUDENTS
GUIDELINES - D. 4470**

YOU ARE WELCOME TO BRASIL AND D. 4470

WELCOME: Be prepared to spend an interesting, exciting, eventful school year. It will be the best year of your life!

HOST FAMILIES: Your first few days with your new family will be an interesting experience. If you haven't already done so, establish how you are to address your new parents: "mom", "mother", "dad", first name, etc. Customs will be different, it won't be like home! Observe, ask questions, and adjust to your new environment. You must accept our culture while you are here. You may compare, but do not criticize.

You will have to act as a family member and accept the discipline. Not all homes have the same culture or rules, you must be able to adapt to change.

Choose your friends cautiously and wisely as you will have many social opportunities. You do not have to accept the first invitation. Trust your hosts to help you in developing a respectable circle of friends. Your hosts are responsible for you socially, spiritually and physically. You will respect their wishes and requests.

One society may be more formal or informal than another. Guidance and restrictions are advisable and to be expected.

You must obey the laws of our country. If you break any law, you can expect no assistance from the government of your native country.

Your present host family should introduce you well in advance to your next host family. If you are not introduced to your new host family until two weeks before you are to move, ask them to introduce you to them.

HOST CLUB: Your host club may involve you in many activities during your stay. Some will expect you to attend Rotary meetings every week. Some only occasionally. Be gracious and accept as many invitations as you can. Take advantage of all opportunities.

Introduce yourself to the club members.

Make a presentation about your country.

Be sure you meet your Counselor. If you don't know his/her name by the end of your first week, ask your host parents to help you contact him/her.

DISCIPLINE: You can probably expect a more strict discipline from host families and Rotary Clubs than you did at home. If you believe you are entitled to more freedom, late hours, etc, you must earn it first. Even if you are 18 you must follow the Rotary rules and

obey your host parents, they will treat you as their son, so respect them as they were your parents.

TRAVEL: This exchange is for education and culture. No host family or club is expected to provide you with any travel opportunities, you may be asked to travel with Rotary or non Rotary families other than your host family and Counselor. However, before accepting any offers, discuss them with your host family and club officer.

You will be informed about trips organized by Rotary districts.

Independent or non approved travel is not to be considered even among cities nearby.

If a travel opportunity conflicts with Rotary events - remember Rotary comes first.

You **MUST** attend the District Conference make no other plans for that date.

When returning home we suggest you ship your excess baggage, such as books, clothes, etc, home in advance (they will take up to three months to arrive).

TELEPHONE CALLS: You cannot call another student or city without permission of your family. Long distance and international calls are very expensive.

HOMESICKNESS: So far we have had no casualties due to homesickness - **YOU WILL SURVIVE.**

SCHOOL: You must attend the school. Tuition will be paid by the host club. You may have graduated in your home country or feel you are ahead your classmates. Nevertheless, don't act bored or restless. Give input and feedback during your classes, express your thoughts and ideas - share. Your classmates can learn from you too.

Some schools may not attribute credits for courses you take here. But the experience you will get during this year will be invaluable towards your maturity and will contribute to how you will relate to other people in your future.

INSURANCE: You must have contracted Hospital and medical insurance coverage in your home country and have brought the papers with you. Notify the club youth exchange officer. The insurance must cover accidents or illnesses that require hospitalization. If you need to be hospitalized or use your insurance, first you must pay for all your expenses here, get all the receipts and then you'll require your insurance company the refund of the expenses. (vai depender da seguradora – eles devem saber como funciona o seguro deles)

MONEY: Your host Rotary Club has agreed to give you a monthly allowance as stated on the "Guarantee Form". You must hand over to the Club Officer or Counselor US\$ 300.00 which he will keep for you. This is to be used for emergencies. When this sum goes below US\$ 300,00, your family must send you more, to bring the balance back up to the original US\$ 300.00. This money will be returned to you at the end of your program.

Your host family is not obliged to give you any money. Their commitment is room board and parental guidance. If you have money problems, talk to your Counselor.

HOUSEHOLD CHORES: The same as a regular family member.

LANGUAGE: The sooner you become fluent, the easier it will be for you to adjust and to make new friends.

ROMANCE: Students are not to form romantic attachments or go steady.

ALCOHOLIC BEVERAGES: Exchange students **MAY NOT** drink.

DO NOT: Drink, Drive or do Drugs... If you are caught in any of these situations you will be immediately sent home!

YOU WILL BE SENT HOME IF YOU:

- 1. USE DRUGS;**
- 2. TRAVEL ALONE OR WITH PERSONS NOT APPROVED BY HOST PARENTS OR ROTARY CLUB;**
- 3. DO NOT OBEY THE FAMILY RULES;**
- 4. DRIVE A MOTOR VEHICLE OF ANY KIND;**
- 5. REFUSE TO ATTEND SCHOOL;**
- 6. DRINK ALCOHOL**

We are glad to have you with us and we will do our best to make you feel at home.

If you have questions, ask your Counselor, or in an emergency call the District Committee Member who is located closest to you anytime of day or night.

QUESTIONÁRIO PARA A PRIMEIRA NOITE COM A FAMÍLIA ANFITRIÃ

1. Como devo chamá-los: pai e mãe ou pelo nome?
2. O que devo fazer diariamente além de arrumar minha cama?
3. Qual o procedimento para com as roupas sujas?
4. Devo lavar minhas roupas íntimas?
5. Onde devo guardá-las até o dia de lavá-las?
6. Posso usar o ferro de passar e a máquina de lavar a qualquer hora?
7. Qual o procedimento para passar roupas?
8. Qual é a hora mais conveniente para tomar banho? De manhã ou de tarde?
9. Onde devo manter minha pasta de dente, sabonete, etc.?
10. Quais serão meus deveres durante as refeições?
 - A) aprontar a mesa
 - B) limpar a mesa
 - C) enxugar pratos
11. Quais são as áreas da casa que devo evitar?
12. A que horas devo me levantar durante a semana para ir à escola?
13. A que horas da noite devo retornar para casa (exceto em ocasiões especiais)?
14. Posso convidar meus amigos para virem em casa (rapazes e moças)?
15. Quais são as regras para usar o telefone?
 - a) meus amigos podem me telefonar?
 - b) quais são as regras para ligações internacionais?
 - c) como devo pagar por essas ligações?
16. Qual o procedimento para enviar cartas?
17. Posso fumar?
18. A que horas são servidas as refeições?
19. Posso me servir de comida e refrigerantes ou devo pedir antes?
20. Posso pendurar fotos e posters nas paredes do meu quarto?
21. Posso mudar a posição dos móveis do meu quarto?

22. Quais são as regras sobre cigarros e bebidas alcoólicas?
23. Onde devo guardar minhas malas?
24. Meus pais anfitriões não gostam de coisas tipo: mascar chicletes? Usar chapéu ou boné a mesa? Música (a que volume)? Fumar?
25. Meus irmãos e irmãs não gostam de alguma coisa em particular?
26. Quais as datas de aniversário dos membros da minha família?
27. Como me locomoverei até a escola, ao centro, etc.?
28. Posso ligar a TV e o aparelho de som a qualquer hora?
29. Quais as regras para ir à igreja?
30. Devo telefonar para casa se eu estiver mais de 30 minutos atrasado?
31. Quando sairmos juntos, devo pagar pelos meus próprios ingressos, refeições, etc.?
32. Como devo fazer para lanchar na escola?
33. O Rotary pagará pelas despesas de ir à escola?
34. Posso freqüentar as reuniões do Rotary?
35. O que mais devo fazer em casa: aparar a grama, ajudar na limpeza, tomar conta das crianças?
36. Há alguma coisa a mais que gostaria de me informar?
37. Como devo me comportar com os empregados?
38. Vocês tem acesso à internet? Posso usá-lo? Com que freqüência?

QUESTIONNAIRE FOR FIRST NIGHT **WITH NEW HOST FAMILY**

1. What should I call you: mom and dad or Christian name?
2. What am I expected to do daily other than make my bed?
3. What is the procedure about dirty clothes?
4. Must I wash my own underclothes?
5. Where do I keep them till wash day?
6. What is the procedure for ironing clothes?
7. May I use the iron and washing machine at any time?
8. When is the most convenient time for me to use the bathroom to shower? AM or PM?
9. Where can I keep my toilet accessories?
10. Will I have a permanent job at meal time?
 - a) set the table
 - b) clear the table
 - c) dry dishes
11. What areas are strictly private?
12. What time should I get up week days for school?
13. What time should I be in at night (exceptions by special arrangements)?
14. May I invite friends to my home (male & female)?
15. What are the rules about the telephone?
 - a) May my friends call?
 - b) What are the rules about calling overseas?
 - c) How do I pay for these calls?
16. What is the procedure for mailing letters?
17. May I smoke?
18. What time are the meals?
19. May I get food or beverages by myself or should I ask first?
20. May I hang photos and posters in my bedroom walls?
21. May I change the positions of the furniture of my bedroom?

22. What are the rules about cigarettes and alcoholic beverages?
23. Where do I keep my suitcase?
24. My host parents don't like things such as: chewing gum? wearing a hat or a cap at the table? Rock music (how loud)? smoking?
25. Do my brothers and sisters have anything they don't like in particular?
26. When are my family members' birthdays?
27. How am I getting to school?
28. May I use the TV set and the stereo at any time?
29. What are the rules about going to church?
30. Do I have to call home if I'm more than 30 minutes late?
31. When we go out together, do I have to pay for my tickets, meals...?
32. How do I get organized for a snack at school?
34. Must I attend the Rotary meetings?
35. What else do I have to do at home: mow the lawn, help cleaning, take care of children?
36. Is there anything else you'd like to inform me?
37. How should I behave with the employees?
38. Do you have access to internet? May I use it? How often?

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